



Claire Chapin Epps YMCA

Home School Physical Education Registration

The **YMCA Home School PE Program** provides home schooled children a forum where they can exercise and participate in sports in an instructor led setting. Our program is designed to be sports related, while showing children how much fun exercise can actually be.

The aim of the program is to develop and improve students' personal fitness and motor skills by providing developmentally appropriate activities through purposeful, creative and enjoyable instruction. By incorporating challenging yet achievable tasks, the students can attain positive attitudes about physical activity. To help promote success in the students' skills and abilities we will concentrate on a number of factors that include repetition, creativity, challenge, fun, recognition and cognitive thought.

Program Highlights

- Classes meet twice a week for 4 weeks.
- Each class will run for two hours, with an hour of sports and fitness activities, and an hour of free swimming time.
- Home School PE is designed for ages 5 and up, with age specific activities during each class.

Classes meet on Tuesdays and Thursdays from 1:30-3:30pm.

Program Fees

- Member Rates - \$15 Child, \$5 each Additional
- Non-members - \$25 Child, \$10 each Additional

Upcoming Class Dates

Feb. 1-24

Registration Information

Childs Name _____ D.O.B. __/__/__
 Child 2 _____ D.O.B. __/__/__
 Child 3 _____ D.O.B. __/__/__
 Address _____
 City _____ Zip _____
 Mother's Name _____
 Father's Name _____
 Home Phone _____
 Cell Phone _____
 Emergency Contact _____
 Emer. Cont. Phone _____
 Email _____

Member _____ Non-member _____

Release of Liability

In the event an accident occurs, I am aware that the YMCA does not provide accident insurance, and I will not hold the YMCA responsible for any injury.
 Parent/Guardian Signature _____

For questions, contact William Coates, Sports Director,
 at williamc@coastalcarolina.org.

