

## FAQs

### **Q: How much does a membership cost?**

A: Membership rates can be found in the Membership section of each branch's site. Several branches have branch-specific rates based on the surrounding neighborhood economics and/or limited program and services offering. For branch-specific rates, view the individual branch site.

### **Q: Do you offer reduced rates?**

A: Membership financial assistance is available. We base our membership assistance on household income and distribute our resources according to need.

### **Q: Do you have corporate memberships?**

A: Yes, please contact the Membership Director at the branch nearest you.

### **Q: Can I pay cash instead of automatic debit?**

A: We accept cash payment in advance for a 12-month period. To pay your membership dues monthly, we automatically debit from a bank account.

### **Q: How do I become a member?**

A: Visit any YMCA location to join. You will need to complete a membership application and pay for your initial dues. To establish a monthly draft, you will also need a voided check.

### **Q: Do I have to sign a long-term contract?**

A: No. Our membership is flexible and on a monthly basis. You may end your membership anytime 30 days before your next debit.

### **Q: How do I cancel my membership?**

A: The YMCA of Coastal Carolina requires a 30-day written notice to cancel a membership. The cancellation form is available at the Welcome Center desk.

### **Q: Can I visit other YMCAs?**

A: Yes. Many YMCAs across the country participate in the AWAY program which allows members from other YMCAs to visit. You should call a location prior to visiting for specific policies.

### **Q: Can I bring guests?**

A: Yes. We encourage our members to introduce their friends, family and colleagues to the YMCA. Guests must be accompanied by a member for no charge during their first visit.

### **Q: What are your hours?**

A: Hours vary by branch and can be found on the individual branch home page.

### **Q: Do you have lockers?**

A: All branches have lockers available for member use. Members should bring a key lock to secure their belongings.

### **Q: Will someone assist me with my workout?**

A: Yes. Our fitness staff and certified personal trainers are available to conduct fitness assessments, setup individualized routines and establish ongoing personal training sessions. Ask your instructor about fees for ongoing training.

### **Q: Do you provide towels?**

A: No.

### **Q: Can I bring my child in while I work out?**

A: Each branch has the ChildWatch program. Ask your branch for specific information regarding fees and times or visit the branch Child Care program page.

## YMCA Military Outreach Initiative

The Armed Services YMCA and Department of Defense Outreach Initiative offers YMCA memberships to eligible military families and personnel who may not have access to a nearby military facility. Eligible military families and personnel include:

- Family members of deployed National Guard and Reservists
- Active Duty families who live in one of the selected Joint Bases created by the Base Realignment and Closure (BRAC) process (contact Military OneSource at [www.militaryonesource.com](http://www.militaryonesource.com) or 800-342-9647 for a list of eligible Joint Bases)
- Active Duty Independent Duty personnel and their families as approved by their Military Service Headquarters
- Relocated spouses and family members of deployed Active Duty personnel

**Note: Eligibility is for Title 10 personnel only.**

### Getting Started

Eligible military families and personnel should follow these steps to benefit from the YMCA Military Outreach Initiative:

1. Contact Military OneSource at [www.militaryonesource.com](http://www.militaryonesource.com) or 800-342-9647 to confirm eligibility and receive an eligibility form.
2. Fill out and bring your eligibility form, Military ID and any other required documentation (generally your Deployment Orders or Military Service Headquarters approval letter) to any YMCA of Coastal Carolina location for verification (please do not leave copies of these documents at the YMCA).

### Guidelines

The Department of Defense will underwrite memberships at participating YMCAs for an initial six-month period for each eligible family and service member. Membership renewals in subsequent six-month intervals (up to 12 or 18 months depending on eligibility) will be funded based on a military family's or service member's ability to meet the participation requirement of eight visits to a YMCA each month.

#### About the YMCA Outreach Initiative

YMCA of the USA, the Armed Services YMCA and the Department of Defense have launched the YMCA Military Outreach Initiative to address the needs of families of deployed military personnel who live far from a military installation and require access to child development, family strengthening, and health and well-being programming.

The YMCA Military Outreach Initiative leverages the YMCA movement's national scale and mission to engage families facing the hardship and uncertainty of military deployment. The nation's 2,686 YMCAs have the unique capacity to respond to the needs of this widely dispersed population through supportive, community-based programs that foster a healthy spirit, mind and body.